



1435 Logan Street
Los Angeles, CA 90026

Phone (213) 413-5741

October 2009 Menu

Day	Date	Breakfast		Lunch		Snack
		<i>Served with Fruit, Milk & Juice</i>		<i>Served with Milk & Juice</i>		<i>Served with Apple Juice</i>
Thursday	10/1/2009	Blue Berry Muffin		Chicken Pop Over Green Salad		Animal Crackers
Friday	10/2/2009	Cold Cereal w/ Yogurt & Banana		Chili Con Carne and Vegetables Over White Rice		Honey Oats Granola Bar
Monday	10/5/2009	Grilled Cheese Sandwich		Spaghetti with Meat Sauce Served with Green Salad		Cocoa Puffs Bar
Tuesday	10/6/2009	Bagel with Cream Cheese		Chicken and Vegetables Taco Salad Served w/ Rice		Scooby Crackers
Wednesday	10/7/2009	French Toast		Turkey Sand. on Wheat w/Fruit & Salad		Gold Fish Crackers
Thursday	10/8/2009	Egg & Cheese Sandwich		Hot Dog Served with Green Salad and Fruit		Cinnamon Toast Bar
Friday	10/9/2009	Cold Cereal w/ Yogurt & Banana		Chicken Quesadilla with Green Salad and Rice		Mini Pretzels
Monday	10/12/2009	Bran Muffin with String Cheese		Baked Chicken with Green Salad And Roll		Trix Cereal Bar
Tuesday	10/13/2009	Bagel with Cream Cheese		Beef and Vegetables Pasta Casserole with Salad		Cinnamon Toast Bar
Wednesday	10/14/2009	Pancakes with Sausage		B.B.Q Chicken Tender with Coleslaw and Roll		Gold Fish Crackers
Thursday	10/15/2009	Fruit Parfait w/ Graham Crackers		Turkey Breast w/Mashed Potatoes Gravy and Roll		Carrot Sticks with Ranch*
Friday	10/16/2009	Cold Cereal w/ Yogurt & Banana		Chicken Teriyaki & Vegetables over Rice, Orange		Honey Oats Granola Bar
Monday	10/19/2009	Grilled Cheese Sandwich		Spaghetti and Meat Sauce with Green Salad		Cinnamon Toast Bar
Tuesday	10/20/2009	Bagel with Cream Cheese		Chicken Mole with Spanish Rice and Fruit		Scooby Crackers
Wednesday	10/21/2009	French Toast		B.B.Q Chicken Breast on a Bun with Salad		Strawberry Cheerios Bar
Thursday	10/22/2009	Egg & Cheese Sandwich		Hot Dog with Green Salad And Fruit		Animal Crackers
Friday	10/23/2009	Cold Cereal w/ Yogurt & Banana		Sloppy Joe with Pineapple Coleslaw		Mini Pretzels
Monday	10/26/2009	Bagel with Cream Cheese		Chicken Fettuccini Alfredo with Green Salad		Cocoa Puffs Bar
Tuesday	10/27/2009	Coffee Cake and String Cheese		Ground Beef Chili with Vegetables Over Rice		Trix Cereal Bar
Wednesday	10/28/2009	Pancakes with Sausage		Vegetarian Lasagna with Green Salad		Cinnamon Toast Bar
Thursday	10/29/2009	Fruit Parfait w/ Graham Crackers		Beef and Vegetable Taco Salad with Rice		Carrot Sticks with Ranch*
Friday	10/30/2009	Cold Cereal w/ Yogurt & Banana		Chicken Quesadilla with Green Salad and Rice		Honey Oats Granola Bar

