



**November 2009 Menu**  
213-413-5741

Day	Date	Breakfast	Lunch	Snack
		<i>Served with Fruit, Milk &amp; Juice</i>	<i>Served with Milk &amp; Fruit</i>	<i>Served with Apple Juice</i>
Monday	11/2/09	Coffee Cake with String Cheese	Baked Beef & Veg. Pasta Casserole w/ green Salad	Cinnamon Toast Bar
Tuesday	11/3/09	Bagel with Cream Cheese	Teriyaki Chicken on Bun with Coleslaw	Scooby Crackers
Wednesday	11/4/09	Egg & Cheese English Muffin	Pizza Day	Trix Cereal Bar
Thursday	11/5/09	Grilled Cheese on Wheat	B.B.Q Chicken Tender with Green Salad	Animal Crackers
Friday	11/6/09	Cold Cereal w/ Yogurt & Banana	Vegetarian Lasagna with Green Salad	Honey Oats Granola Bar
Monday	11/9/09	Blue Berry Muffin with Yogurt	Spaghetti with Meat Sauce Served with Green Salad	Cocoa Puffs Bar
Tuesday	11/10/09	Bagel with Cream Cheese	Chicken and Vegetables Taco Salad Served w/ Roll	Scooby Crackers
Wednesday	11/11/09	<b>Holiday Veteran's Day-NO SCHOOL</b>	<b>Holiday Veteran's Day-NO SCHOOL</b>	<b>NO SCHOOL</b>
Thursday	11/12/09	Egg & Cheese English Muffin	Hot Dog with Green Salad and Fruit	Cinnamon Toast Bar
Friday	11/13/09	Cold Cereal w/ Yogurt & Banana	Chicken Quesadilla w/Green Salad and Rice	Mini Pretzels
Monday	11/16/09	Bran Muffin & String Cheese	Lemon Pepper Chicken served w/ green salad	Trix Cereal Bar
Tuesday	11/17/09	Bagel with Cream Cheese	Beef and Veg. Pasta Casserole w/ Salad and Roll	Cinnamon Toast Bar
Wednesday	11/18/09	Bean & Cheese Burrito	B.B.Q Chicken Tender with Coleslaw	Gold Fish Crackers
Thursday	11/19/09	Fruit Parfait w/ Graham Crackers	Pizza Day	Carrot Sticks with Ranch*
Friday	11/20/09	Cold Cereal w/ Yogurt & Banana	Chicken & Vegetables Teriyaki over White Rice	Honey Oats Granola Bar
Monday	11/23/09	Coffee Cake with String Cheese	Chicken Pop Over with Green Salad	Cinnamon Toast Bar
Tuesday	11/24/09	Bagel with Cream Cheese	Spaghetti and Meat Sauce with Green Salad	Scooby Crackers
Wednesday	11/25/09	Egg & Cheese English Muffin	Chicken Mole with Spanish Rice and Roll	Strawberry Cheerios Bar
Thursday	11/26/09	<b>Thanksgiving - NO SCHOOL</b>	<b>Thanksgiving - NO SCHOOL</b>	<b>Thanksgiving-No school</b>
Friday	11/27/09	off	off	off
Monday	11/30/09	Banana Muffin With Yogurt	Chicken Fettuccini Alfredo with Green Salad	Cocoa Puffs Bar
Tuesday				
Wednesday				
Thursday				
Friday				