



November 2009 Menu
213-413-5741

Day	Date	Breakfast	Lunch	Snack
		<i>Served with Fruit & Milk</i>	<i>Served with Milk & Fruit</i>	<i>Served with Apple Juice</i>
Tuesday	12/1/09	Bagel with Cream Cheese	Beef & Vegetable Pasta Casserole w/ roll & Fruit	Scooby Crackers
Wednesday	12/2/09	Egg & Cheese English Muffin	Cheese Pizza w/ Green Salad & Fruit	Trix Cereal Bar
Thursday	12/3/09	Bean & Cheese Burrito	Half of Turkey Sandwich w/ Lentil soup & Fruit	Animal Crackers
Friday	12/4/09	Cold Cereal w/ Yogurt & Banana	Ground Beef Chili w. veggies over white rice & fruit	Honey Oats Granola Bar
Monday	12/7/09	Bran Muffin with Yogurt	Chicken Mole w/ rice & fruit	Cocoa Puffs Bar
Tuesday	12/8/09	Bagel with Cream Cheese	Cheese Pizza w/ Green Salad & Fruit	Scooby Crackers
Wednesday	12/9/09	Cinammon French Toast	Turkey Sandwich w/ rice & veggies, soup & fruit	Gold Fish Crackers
Thursday	12/10/09	Egg & Cheese English Muffin	Hot Dog with Green Salad and Fruit	Cinnamon Toast Bar
Friday	12/11/09	Cold Cereal w/ Yogurt & Banana	Chicken Quesadilla w/Green Salad and Rice	Mini Pretzels
Monday	12/14/09	Coffee Cake w/ String Cheese	Chicken & Vegetables Pop Over w/ Green Salad & Fruit	Cinammon Toast Bar
Tuesday	12/15/09	Bagel with Cream Cheese	Beef and Veg. Pasta Casserole w/ Salad and Roll	Animal Crackers
Wednesday	12/16/09	Bean & Cheeese Burrito	Cheese Pizza w/ Green Salad & Fruit	Gold Fish Crackers
Thursday	12/17/09	Fruit Parfait w/ Graham Crackers	Half of Turkey Sandwich w/ Vegetable Tortilla soup & fruit	Scooby Crackers
Friday	12/18/09	Cold Cereal w/ Yogurt & Banana	Chicken & Vegetables Teriyaki over White Rice	Honey Oats Granola Bar
Monday	12/21/09	WINTER BREAK-	WINTER BREAK-SCHOOL RETURNS ON 1/11/10	