



January 2010 Menu
213-413-5741

Day	Date	Breakfast	Lunch	Snack
		<i>Served with Fruit & Milk</i>	<i>Served with Milk & Fruit</i>	After School Food <i>Served with Apple</i>
Monday	1/11/2010	Bran Muffin with Yogurt	Lemon Pepper chicken breast w/ green salad & roll	Trix cereal bar
Tuesday	1/12/2010	Bagel with Cream Cheese	Beef & vegetables pasta casserole w/ salad & fruit	Cinammon Toas
Wednesday	1/13/2010	Bean & Cheese Burrito	cheese pizza w/ green salad & fruit	Gold Fish Crackers
Thursday	1/14/2010	Fruit Parfait w/ graham crackers	vegetable lasagna w/ salad & fruit	Animal Crackers
Friday	1/15/2010	Cold Cereal w/ yogurt & banana	chicken teriyaki w/ vegetable over rice & fruit	Honey Oats Gr
		RAINY DAY MENU CHANGES	RAINY DAY MENU CHANGES	
Monday	1/18/2010	NO SCHOOL - HOLIDAY	NO SCHOOL - HOLIDAY	NO SCHOOL -
Tuesday	1/19/2010	Bagel w/ cream cheese wrapped	turkey sandwich, lentil soup In sealed individual containers & fruit	Scooby Crackers
Wednesday	1/20/2010	Bean & Cheese Burrito	cheese pizza w/ green salad & fruit	Strawberry che
Thursday	1/21/2010	Egg & Cheese English Muffin	Ham & Beans Torta wrapped in sack lunches	Animal Crackers
Friday	1/22/2010	Oat bran muffin & fruit	Chicken wraps & fruit wrapped and ready to serve	Mini Pretzels
Monday	1/25/2010	Coffee Cake w/ String Cheese	Chicken Fettuccini Alfredo w/ green salad & fruit	Cocoa Puffs ba
Tuesday	1/26/2010	Bagel with Cream Cheese	turkey sandwich w/ lentil soup salad & fruit	Trix cereal bar
Wednesday	1/27/2010	Bean & Cheeese Burrito	Cheese Pizza w/ Green Salad & Fruit	cinammon toas
Thursday	1/28/2010	Fruit Parfait w/ Graham Crackers	Beef & vegetable taco salad w/ rice & fruit	scooby cracker
Friday	1/29/2010	Cold Cereal w/ Yogurt & Banana	Chicken quesadilla w/ green salad & rice fruit	honey oats gra